

Cordlife's Maternity Bag Checklist



Have you included your baby's cord blood collection kit in your maternity bag?

Speak to one of our friendly consultants at
www.cordlife.com/sg/make-an-appointment to receive yours today!

Essential Documents

- ☐ Identification card
- ☐ Hospital form / letter
- ☐ Cord blood / lining collection kit
- ☐ Birth plan (if you have)
- ☐ Original marriage certificate
(If you intend to register baby's name at the hospital)

For Mummies

- ☐ Mobile phone
- ☐ Entertainment (e.g. tablet, laptop)
- ☐ Chargers / portable chargers
- ☐ Cardigan / sweater
- ☐ Slippers
- ☐ Socks
- ☐ Clothes / pajamas
- ☐ Nursing bras
- ☐ Maternity pads
- ☐ Disposable underwear
- ☐ Breast pump
- ☐ Toothbrush & toothpaste (optional)
- ☐ Facial wash (optional)
- ☐ Body wash & shampoo (optional)
- ☐ Hairband / hair tie
- ☐ Going home outfit
- ☐ Nursing pillow (helpful after a C-sect)
- ☐ Body wipes / wet wipes

Cordlife's Tips:
A tablet / laptop will be helpful if you require some distraction to keep yourself relaxed before delivery!

Cordlife's Tips:
A cardigan is especially useful during breastfeeding to ensure that your back and shoulders are covered!

For Baby

- ☐ Baby clothes
- ☐ Scratch mittens
- ☐ Booties / socks
- ☐ Hat / cap
- ☐ Swaddle blanket
- ☐ Diapers / nappies
- ☐ Going home outfit
- ☐ Infant car seat / carry cot

For Daddies

- ☐ Camera & memory card
- ☐ Snacks & drinks
- ☐ Jacket
- ☐ Change of clothes / toiletries
- ☐ Entertainment (e.g. book / tablet)

Hygiene Essentials

- ☐ Face masks
- ☐ Hand sanitisers